

Easy read bill of rights

I have the right to be
me.



I have the right to put
myself first.



I have the right to be safe.



The right to be safe from serious harm

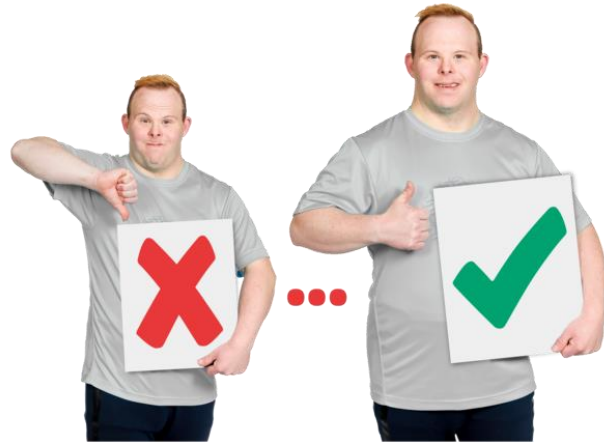
I have the right to love and be loved.



I have the right to be treated with respect.



I have the right to be human – NOT PERFECT



I have the right to be angry and protest if I am treated unfairly or abusively by anyone.



I have the right to my own privacy.



Respect for private and family life

I have the right to my own opinions, to express them, and to be taken seriously.



I have the right to ask questions about anything that affects my life.



I have the right to make decisions that affect me.



I have the right to grow and change (and that includes changing my mind).



I have the right to say NO.



I have the right to make mistakes.



I have the right NOT to be responsible for other adults' problems.



I have the right not to be liked by everyone.



I have the right to control my own life and to change it if I am not happy with it as it is.

